



Dr. Mendy Ronen

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A CHIROPRACTOR WHO SUCCESSFULLY TREATS CHILDREN ON THE AUTISM SPECTRUM

them with. I have seen that many patients come to me for results and continue with my treatment over the years. Quite a few began to bring family and loved ones with them to the treatment. What's more, I've noticed that clients who keep doing the treatment continue to grow stronger, avoiding new functional problems."

WHAT IS THE ADVANTAGE THAT SETS YOU APART FROM OTHERS?

After the initial examination and diagnosis, I prepare an explanatory booklet, personally written for each patient, in which I mark and show him how his problem is related to the nervous system / electrical system and the spine (the body's electrical cabinet) + a special treatment plan for each patient's case.

WHAT IS THE ADDED VALUE THAT YOUR PATIENTS ENJOY?

Patients know their bodies best, sometimes there are ups and downs in the treatment. About a decade ago, I started subscription programs, similar to gym subscriptions.

To sign up as a subscriber, they have to receive more for their payment. Those who commit to treatment over a period of time can come during that same subscription period for up to 3 times a week, at no extra charge!

In addition, I saw a need to care for more than one family member, and I built family subscriptions (for wives, husbands and children up to age 18). In the family subscription, each member of the family can come for up to three adjustments per week. The subscribers arrive during clinic hours, without the need to make an appointment in advance.'

HOW DOES CHIROPRACTIC TREATMENT WORK?

At first, the patient is asked about the health problem that brought him to treatment. Then the patient usually lies down on the bed, and the chiropractor accurately touches the vertebrae in the spine.

Some vertebrae may not move (accumulation of pressure, which causes the vertebra to move). Sub-displacement of vertebrae can cause an unpleasant sensation. "If I do not know where the pressures have accumulated and caused a displacement, I won't know where the cause of the problem the patient is suffering from."



WHO IS SUITABLE FOR CHIROPRACTIC TREATMENT?

Chiropractic treatment improves health and strengthens the spine. The treatment is suitable for infants, children and adolescents, girls, pregnant and postpartum women, mothers, adults, athletes, the elderly.

CAN CHIROPRACTIC TREATMENT PREVENT SURGERY?

Definitely! I have many examples of different and varied types of cases.

IS CHIROPRACTIC TREATMENT SAFE?

Very. In Australia it was decided to accept chiropractic and give it licenses, as no documented cases of people being injured through chiropractic care were found.

HOW MANY TREATMENTS ARE REQUIRED? FOR WHAT PURPOSES?

For most people, a concentrated series of treatments between one and six months is enough for each individual.

In the first month, essentially the symptoms calm down, stress is released, and movement returns to the spine. Pressure accumulates on the spine daily, in response to life stresses. The spine is made up of 33 vertebrae, each of which is responsible for specific areas and functions. Accumulation of stress interferes with communication between the brain and the body, weakens the body and interferes with the movement of the vertebrae and the movement of the spine. The more accumulation of pressure remains in the body, the body weakens and begins to disintegrate, its movement is impaired, and symptoms and diseases begin to form.

Chiropractic adjustment restores movement to the vertebrae, to the spine, improves communication between the brain and body through the spine. This restores the transfer of operating instructions from the brain to the body, activates and strengthens health.

A SUCCESS STORY THAT YOU ARE PROUD OF?

My son has autism and did not speak until he was 9. When he was 6, I found out that there was a postdoctoral fellowship in chiropractic care for autism and brain injuries. I flew to Canada and went through that internship. I came back when my son was 9 and started treating him. Since then, I have been caring for children and infants on the autism spectrum with very good successes.

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To coordinate by phone: 04-6363880 | dr-ronen.co.il
The Israeli Center for Chiropractic: Ask the Chiropractor | Broadcaster on 'The First Social Radio', every Saturday between: 23:00-24:00, on the program: 'On the Back Road - Conversations on Health and Chiropractic.'

ABOUT YOUR PROFESSIONAL TRAINING?

I studied for a doctorate in chiropractic at Parker University, Dallas, Texas. I received my doctorate in 1998, I was a lecturer there and I also supervised interns.

AS THE OWNER OF A LEADING CLINIC IN THE FIELD OF CHIROPRACTIC, WHY DID YOU CHOOSE TO ENGAGE IN THIS PARTICULAR FIELD?

Chiropractic chose me. About a week before my bar mitzvah, I flew from a vehicle that overturned on the Arava Road. I suffered from constant headaches, and terrible back pain. I barely walked, and once every few days I fell off my feet. I would lie on the floor for 30-40 minutes at a time, until I gathered strength to get up again.

The doctors said they found a serious problem, for which there was nothing to do, and told me to learn to live with it, that it is impossible to operate, because surgery will aggravate the problem, and that in principle, it will only get worse over time. And even the National Insurance doctor wanted to give me a disability percentage.

A year and a half later I got to the chiropractor. I didn't want to go to him, because I didn't want to hear from another specialist that there's nothing that can be done. But I went, so that there wouldn't be a case in the future where I would tell myself I didn't try everything ... The chiropractor treated me and returned me to full function. So full, that in 11th and 12th grades, I played rugby at ASA, Ramat Hasharon. I remember to this day, the time I felt how my headaches were gone, and my strength returned to my legs. Then three thoughts went through my head:

1. "Wow, you can heal with your hands".
2. "I got my life back, as a gift."
3. "I want to give this gift to others."

Already at the age of 15, the field of chiropractic chose me.

THANKS TO WHAT HAS THE CLINIC BECOME A LEADER IN ITS FIELD?

From the beginning of my work in the field, I have had complex cases. At first, I thought I was treating and improving the functioning and lives of people with serious illnesses that medicine could no longer help